



**Gipping Occupational Health
Limited
and
The Association of
Occupational Health Nurse
Practitioners (UK)
are holding an**



Occupational Health Seminar

**Our changing workforce:
behaviours and perceptions -
how can OH practice influence this?**

**on
Friday, 14th November 2008
0900 - 1500
Ipswich Town Football Club**

Join us for a day of practical advice, networking,
exhibition, prize draws and free “deep relaxation” cd.

AOHNP Members : £55 / Non-members: £68
Plus VAT

With grateful thanks to our sponsors :



KEYPEOPLE.

ONLINE ERGONOMICS

PROGRAMME

- 0900 - 0920 Registration, Coffee and Exhibition
0920 - 0930 Opening Remarks - Judith Howard Rees / Jeremy Smith
0930 - 1000 ***Changes and Challenges over the last two decades -***
Barbara Back, Safety & OH Specialist
1000 - 1050 ***Drug and Alcohol Misuse in our Working Populations - patterns of behaviour*** - Simone Black, NORCAS
1050 - 1115 Refreshment break
1115 - 1200 ***The changing picture of WRULD and individual pain perception -***
Dr Barbara Richardson, University of East Anglia
1200 - 1245 ***Relaxation and Self Empowerment - tools for the individual to take control of their own physical and emotional wellbeing -***
Andrew Johnson, Training Toolbox
1245 - 1300 Question Time
1300 - 1400 Buffet Lunch
1400 - 1445 ***How can OH harness the benefit from public health programmes -***
Dianne Wright, Regional Manager, Eastern Region, Expert Patient Programmes (EPP)
1445 - 1500 Closing Remarks
1515 - 1630 Gipping members only Team Meeting

EVENT FEES (inc. VAT)

Members : £64.63 / Non-members : £79.90

Closing date for bookings : 5 November 2008

Please reserve me a place at the Occupational Health Seminar ☐

I am a member of AOHNPP (UK) ☐

Delegate Fees include a buffet lunch and other refreshments. In the event of delegate cancellation, a 50% refund will be payable up to 21 days prior to the event.

All fees must be received prior to the event. Telephone 01449 766913 to check availability. Places will be reserved and VAT invoices/receipts issued when a booking form/payment is received. Send your completed booking form to Gipping Occupational Health Ltd, Mill Lodge, Mendlesham Green, Suffolk IP14 5RB.

Payment can be made by :

Cheque – payable to : Gipping Occupational Health Ltd

Delegate

Title Mr / Mrs / Ms / Other.....

First Name

AOHNPP Membership No. (if applicable)

Surname

Email address or contact phone number

Organisation Details

Position

Organisation

Address

Postcode

Telephone

Fax