

Gipping Occupational Health Limited and The Association of Occupational Health Nurse Practitioners (UK)

are holding an



Occupational Health Seminar

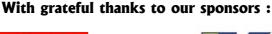
Our changing workforce: behaviours and perceptions how can OH practice influence this?

Friday, 14th November 2008 0900 - 1500 Ipswich Town Football Club

Join us for a day of practical advice, networking, exhibition, prize draws and free "deep relaxation" cd.

AOHNP Members: £55 / Non-members: £68















PROGRAMME 0900 - 0920 Registration, Coffee and Exhibition 0920 - 0930 Opening Remarks - Judith Howard Rees / Jeremy Smith 0930 - 1000 Changes and Challenges over the last two decades -Barbara Back, Safety & OH Specialist Drug and Alcohol Misuse in our Working Populations - patterns of 1000 - 1050 behaviour - Simone Black, NORCAS 1050 - 1115 Refreshment break 1115 - 1200 The changing picture of WRULD and individual pain perception -Dr Barbara Richardson, University of East Anglia 1200 - 1245 Relaxation and Self Empowerment - tools for the individual to take control of their own physical and emotional wellbeing -Andrew Johnson, Training Toolbox 1245 - 1300 **Question Time** 1300 - 1400 **Buffet Lunch** 1400 - 1445 How can OH harness the benefit from public health programmes -Dianne Wright, Regional Manager, Eastern Region, Expert Patient Programmes (EPP) 1445 - 1500 Closing Remarks 1515 - 1630 Gipping members only Team Meeting **EVENT FEES (inc. VAT)** Members: £64.63 / Non-members: £79.90 Closing date for bookings: 5 November 2008 Please reserve me a place at the Occupational Health Seminar I am a member of AOHNP (UK) be payable up to 21 days prior to the event. All fees must be received prior to the event. Telephone 01449 766913 to check availability. Places will be reserved Gipping Occupational Health Ltd, Mill Lodge, Mendlesham Green, Suffolk IP14 5RB. Payment can be made by:

Delegate Fees include a buffet lunch and other refreshments. In the event of delegate cancellation, a 50% refund will

and VAT invoices/receipts issued when a booking form/payment is received. Send your completed booking form to

Cheque – payable to : Gipping Occupational Health Ltd	
Delegate Title Mr / Mrs / Ms / Other	
First Name	AOHNP Membership No. (if applicable)
Surname	
Email address or contact phone number	
Organisation Details Position	

Postcode

Telephone Fax

Organisation

Address